

#Step 1: Reinvent Giving

In this season of giving, TAKE instead!



#Step 1: Reinvent Giving

- 1. Take away something you can do without, for yourself or someone you care about.
- 2. What would be the benefit of taking it?

For example:

Just before the year ends, our team is up to their neck in work. I'm going to take off 15 mins from every meeting I attend with them, to aleviate the stress.

Instead of making resolutions for change, resolve NOT to change!

#Step 2: Reinvent Resolutions

- 1. What would you like to preserve from 2021?
- 2. How could you keep it unchanged in 2022?

For example:

In 2021, I took a walk around the block once a day, whatever the weather or time. I'll preserve it, by keeping it easy.
No pressure, no plan.
Maybe I'll even do 2 rounds sometimes!

#Step 3: Reinvent Planning

Instead of planning, go with the flow.

#Step 3: Reinvent Planning

- 1. What planned areas could you, instead, let go of?
- 2. Allowing freedom here, could encourage what behaviour or effect?

For example:

I start every day with a prioritised TODO list. Instead, whenever I can choose, I'm going to let intuition guide me. I'll start with whatever I feel like working on. It could help keep my own motivation and efficiency up.

Reinvent

Where else could you apply this thinking?

- 1. In your team?
- 2. On your products?
- 3. On your services?





Wishing you inventive festivities!



www.ratlab.de



LinkedIn



md@ratlab.de



@ratlab.de

Mindini Dust

- Mrinalini D'Costa

The End

Thank you for your time!

